

hygiene, on lines and in a manner suited to girls after leaving school, and to all ladies. These educational classes consist of two courses of twelve lectures each, given once a week from October to December. The lectures are fully illustrated by specimens, demonstrations, microscopic slides, diagrams, and the blackboard.

* * *

"THE primary course includes the outlines of the structure, tissues and mechanism of the human body, the construction and uses of the leading organs and special senses; the phenomena of life, and the principal laws of health; the principle of healthy clothing; and the practical arrangement of light, heat and ventilation in the dwelling-house. A special text-book is prepared for this course: *Manual of Hygiene*. Part I. Allman's, New Oxford Street. Price two shillings nett. The advanced course includes disorders of the nerves, of the chest, of the heart, of the blood, of the stomach, of the liver, &c., microbes and bacteria, food and its uses, use and abuse of alcohol, physical culture, training of children, health resorts, rest and holidays, exercise and recreation, work and worry, common diseases of the eye, ear and throat, care of the skin, hair, teeth, face, hands, &c., common accidents, diseases of infants, diseases of childhood, care of old age, hints in district visiting, domestic sanitation, sanitation amongst the poor, amateur home sick nursing, nursing and treatment of infectious diseases, the prevention of premature death, &c. A special text-book is prepared for this course: *Manual of Hygiene*. Part II. Allman's, New Oxford Street. Price two shillings nett.

* * *

"THE teaching is not adapted for those who wish to acquire special hygienic or medical knowledge, being strictly limited to what is of practical use in every-day life to all women. All medical terms or details, and special subjects, are therefore excluded. The National Health Society issue a special diploma of proficiency in the art and science of practical and domestic hygiene to all ladies who pass their (optional) examination at the close of the second course. Ladies are strongly advised to attend both courses; and any prevented from attending the first will nevertheless be examined on the text-book of that course, and be expected to show a thorough knowledge of the subjects. Both courses can be taken simultaneously, as the same subject (as far as possible) is taken up each week in both courses. The ordinary ambulance lectures are an admirable preparation for these courses.—A. T. SCHOFIELD, M.D."

* * *

I AM very pleased to note that Sharhen House, Folkestone, which was opened by Sisters Clara and

Mary a little time ago, has so far proved a great success. One of these ladies writes me, saying, "We have been so full ever since we came here as to be obliged to take two other houses, temporarily, for our visitors, and still have had to refuse a large number. Had we known we should have had so many we should have taken a much larger house, which we shall be compelled to do another year." A report which is, to use a hackneyed phrase, "perfectly satisfactory."

* * *

I HAVE a letter from an esteemed correspondent in the States, who concludes a very friendly epistle by saying, "Your Prize Essay Competitions give us American Nurses too short a time to try for them, even if we might otherwise feel inclined to try them. Your paper is enjoyed each week." Will my correspondent take it from me that "Mr. Editor" is now engaged in "thinking out" some plan which will enable Nurses in America, on the Continent, and in the Colonies to compete in the Prize Essay Competitions, and so make them as nearly as possible both general and universal.

* * *

I HEAR from an esteemed American correspondent that "The Training School for Nurses at the Buffalo General Hospital has been materially benefitted by the gift of a Nurses' Home. Mrs. George B. Gates, of this City, built and furnished it at an expense of about 14,000 dols., and presented it to the hospital for Nurses' dormitories and parlours. The advantages are realized in many ways, among which is the improved health of the Nurses than formerly in their overcrowded quarters.

* * *

"BEING removed from proximity to the Hospital and patients, gives them better air, besides relieving them from the constant restraint of their arduous duties during their hours for rest and recreation, which they could not but feel while in the same building with them. It also enables the Committee to enlarge the school, which becomes a necessity with the constantly increasing work of the Hospital. The standard of the school has been steadily improved, under the able management of Miss L. M. Masten, the present Superintendent of Nurses."

* * *

A LADY, whose *bonâ fides* I can vouch for, writes *apropos* of the London Hospital scandal to the following effect:—"What a dreadful affair about the London Hospital! I could enlighten the public a wee bit. It is a wonder I am alive to tell the tale." I am informed on excellent authority that this lady, when a Nurse at the London Hospital, suffered from scarlet fever and small-

[previous page](#)

[next page](#)